



**IT'S NOT YOU. IT'S  
YOUR SYMPTOMS.**

Are you taking chronic obstructive pulmonary disease (COPD) medications regularly and still struggling with symptoms? Use this symptom tracker to document your symptoms, and use it to talk with your specialist about COPD.

## MONTH 1

### Symptom control

Coughing, wheezing, or having difficulty breathing  YES  NO

If "YES," how often?  Some days  Most days  Every day

Use of a rescue inhaler  YES  NO

If "YES," how often?  Some days  Most days  Every day

Waking up at night from COPD  YES  NO

If "YES," how often?  Some days  Most days  Every day

### Worsening COPD

COPD flare-up or attack  YES  NO Visit to ER or hospital due to COPD  YES  NO Prescribed oral steroids for COPD  YES  NO

### Additional notes

(For example, you may include details about a flare-up or hospital visit. Have you experienced reduced physical activities?)

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## MONTH 2

### Symptom control

Coughing, wheezing, or having difficulty breathing  YES  NO

If "YES," how often?  Some days  Most days  Every day

Use of a rescue inhaler  YES  NO

If "YES," how often?  Some days  Most days  Every day

Waking up at night from COPD  YES  NO

If "YES," how often?  Some days  Most days  Every day

### Worsening COPD

COPD flare-up or attack  YES  NO Visit to ER or hospital due to COPD  YES  NO Prescribed oral steroids for COPD  YES  NO

### Additional notes

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## MONTH 3

### Symptom control

Coughing, wheezing, or having difficulty breathing  YES  NO

If "YES," how often?  Some days  Most days  Every day

Use of a rescue inhaler  YES  NO

If "YES," how often?  Some days  Most days  Every day

Waking up at night from COPD  YES  NO

If "YES," how often?  Some days  Most days  Every day

### Worsening COPD

COPD flare-up or attack  YES  NO Visit to ER or hospital due to COPD  YES  NO Prescribed oral steroids for COPD  YES  NO

### Additional notes

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### Approved Use

NUCALA is an add-on, prescription maintenance treatment of eosinophilic COPD in adults whose disease is not controlled. NUCALA is not used to treat sudden breathing problems.

### Important Safety Information

**Do not use NUCALA** if you are allergic to mepolizumab or any of the ingredients in NUCALA.

Do not use to treat sudden breathing problems.

**NUCALA can cause serious side effects, including:**

- **allergic (hypersensitivity) reactions, including anaphylaxis.** Serious allergic reactions can happen after you get your NUCALA injection. Allergic reactions can sometimes happen hours or days after you get a dose of NUCALA. Tell your healthcare provider or get emergency help right away if you have any of the following symptoms of an allergic reaction:
  - swelling of your face, mouth, and tongue
  - breathing problems
  - fainting, dizziness, feeling lightheaded (low blood pressure)
  - rash
  - hives
- **herpes zoster infections** that can cause shingles have happened in people who received NUCALA.

**Before receiving NUCALA, tell your healthcare provider about all of your medical conditions, including if you:**

- are taking oral or inhaled corticosteroid medicines. **Do not** stop taking your other medicines, including your corticosteroid medicines, unless instructed by your healthcare provider because this may cause other symptoms to come back.
- have a parasitic (helminth) infection.
- are pregnant or plan to become pregnant. It is not known if NUCALA may harm your unborn baby.
- are breastfeeding or plan to breastfeed. You and your healthcare provider should decide if you will use NUCALA and breastfeed. You should not do both without talking with your healthcare provider first.
- are taking prescription and over-the-counter medicines, vitamins, and herbal supplements.

**The most common side effects of NUCALA include:** headache, injection site reactions (pain, redness, swelling, itching, or a burning feeling at the injection site), back pain, and tiredness (fatigue). Diarrhea and cough have been reported with COPD.

**You are encouraged to report negative side effects of prescription drugs to the FDA. Visit [www.fda.gov/medwatch](http://www.fda.gov/medwatch) or call 1-800-FDA-1088. You may also report negative side effects to GSK at [gsk.public.reportum.com](http://gsk.public.reportum.com) or 1-888-825-5249.**

If you don't have prescription coverage and can't afford your medicines, call 1-844-Call-TwGSK (844-225-5894).

# READY TO START TALKING?

Have an honest conversation with your specialist. Here are some things to keep in mind:

## 1. SHARE YOUR SYMPTOMS

Am I having frequent COPD flare-ups?

## 2. DISCUSS SIMPLE BLOOD TESTING

Do I need blood testing to measure my eosinophil levels?

## 3. ASK ABOUT TREATMENT OPTIONS

Is adding NUCALA the next step for me?

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**Please see additional Important Safety Information on previous page. Please see full Prescribing Information, including Patient Information, for NUCALA at [NUCALA.com](https://www.nucala.com).**

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**Nucala**   **GSK**  
(mepolizumab)